

Dear Parents and Carers,

This week, Year 6 pupils will be taking part in lessons as part of the school's Relationships and Sex Education (RSE) curriculum. These age-appropriate lessons will cover puberty, conception, and pregnancy, in line with statutory guidance.

Parents and carers have the right to withdraw their child from:

- Lesson 5: Conception
- Lesson 6: Pregnancy

The lesson slides are attached to this letter to ensure transparency. All resources, including videos, are taken from Kapow Primary, a nationally recognised and accredited provider of curriculum-aligned RSE materials.

If you have any questions, or would like to view the videos before the lessons on Thursday 18th June, please email [ashaw@birklandsschool.co.uk](mailto:ashaw@birklandsschool.co.uk).

**If you wish to withdraw your child from either lesson, please complete and return the slip below to Miss Shaw by Wednesday 17th June.**

Yours sincerely,

Miss Shaw

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Year 6 RSE Withdrawal Slip – Return to Miss Shaw by Wednesday 17<sup>th</sup> June

Pupil's Name: \_\_\_\_\_

I would like to withdraw my child from the following lessons. Please tick as appropriate:

- Lesson 5: Conception
- Lesson 6: Pregnancy

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## Lesson 5: Conception



### Fact tennis

Work with a partner. For one minute, take turns presenting a fact about changes that happen to your body during puberty.

### Learning objective

- ✓ To understand the biology of conception.

### Success criteria

- ✓ I can explain what happens in the menstrual cycle.
- ✓ I can sequence the steps involved in how a baby is conceived.

### Vocabulary definitions

- ✓ conception
- ✓ erection
- ✓ relationship
- ✓ sperm
- ✓ egg
- ✓ fertilise
- ✓ sexual intercourse

### Question

What are our RSE ground rules?



Lesson 5: Conception

### Video: Menstruation

Lesson 5: Conception

### Video: Conception

Lesson 5: Conception

### Stages of conception

Match the images to the descriptions

Lesson 5: Conception

### Stages of conception

Check your answers

Lesson 5: Conception

### Stages of conception

#### Question

How is a baby made?

Lesson 5: Conception

✓ What does 'consent' mean?



## Lesson 6: Pregnancy & Birth



**Speak like an expert**  
For one minute,  
speak to a partner  
about conception  
and pregnancy,  
pretending to be an  
expert on the subject.

### Learning objective

- ✓ To understand the development of a baby during pregnancy.

### Success criteria

- ✓ I can describe how a baby develops in the womb during pregnancy.
- ✓ I can identify some of the things a baby needs.

### Vocabulary definitions

- |              |                |
|--------------|----------------|
| ✓ care       | ✓ commitment   |
| ✓ conception | ✓ development  |
| ✓ egg        | ✓ fertilise    |
| ✓ pregnancy  | ✓ relationship |
| ✓ sperm      |                |

### Question

- ✓ What happens during pregnancy?



Lesson 6: Pregnancy and birth

### Pupil video: Pregnancy and birth



Lesson 6: Pregnancy and birth

### Questions

- ✓ How does a baby develop?
- ✓ What does a baby need in the first months of life?

Lesson 6: Pregnancy and birth

### Snowballs

1. Write down three things you have learnt during these lessons.
2. Scrunch up their piece of paper into a snowball shape.
3. Once everybody has created a 'snowball', throw yours to someone else.
4. Catch a snowball and read what it says!