

Dear Parents/Carers,

As technology continues to shape our children's world, it's more important than ever to stay involved in how they use it—especially when it comes to social media. Many apps today are designed for older teens and adults, yet younger children often find their way onto these platforms. While some apps offer creative outlets and connection, others may expose children to content or interactions that aren't age appropriate.

What can you do?

- Take time to regularly check your child's phone or tablet.
- Review which apps they've downloaded and explore their features.
- Talk openly with your child about what they enjoy online—and what makes them uncomfortable.
- Use parental controls and privacy settings to help guide safe usage.

 **Remember:** Most social media platforms have age minimums (often 13+), but these are not always enforced. Your involvement is the best safeguard.

Let's work together to ensure our children are exploring the digital world safely, confidently, and with the right support.

Additionally, many children in school have indicated that they regularly play, or are exposed to the game, Fortnite. I thought that it would be important to share that during the Halloween season, this game includes many characters from the horror genre and age-inappropriate movies. Seeing these characters in games may encourage children to explore where they are from, so you might see it as appropriate to monitor their use of this game in the weeks to come.

Kind Regards
Mr. Patten