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Autumn

EDITION

Healthy Family Team Newsletter



NHS

Nottinghamshire Healthcare
NHS Foundation Trust

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Hi!

We just wanted to say a big hello
and remind you about the services
on offer locally to support families.

Parentline

Text 07520 619919

This is a text messaging service
delivered by the Healthy Family Team
for parents and carers.

Monday to Friday,
from 9am to 4.30pm

IT'S OKAY
to ASK
for HELP

Advice Line

Telephone

0300 123 5436

This is for parents, carers and
practitioners who want to speak to
the Healthy Family Team for
advice or support.

Monday to Friday,
from 9am to 4.30pm



Nottingham City Contact

This is for parents, carers and
practitioners who want to speak to the
Children's Health Advice Hub for advice
or support.

Call: 0300 300 0040

Derbyshire Contact

This is for parents, carers and
practitioners who want to speak to the
Family Health Service for advice or
support.

Call: 01246 515100

Doncaster Contact

This is for parents, carers and
practitioners who want to speak to the
Doncaster Health Visiting and School
Health Team for advice or support.

Call: 03000 218 997

Your Notts Directory

The Healthy Family Team may be able to contribute to EHCP requests and annual reviews when actively working with your child/young person or where they have been involved within the last 12 months.

SUPPORT

Your Notts Directory

is the local offer for Nottingham and Nottinghamshire.

Visit: www.yournottsdirectory.org.uk



PARENT & CARER GROUP

Do you want to make a difference to Children and Young People's Health Services?

Why not join our Parent and Carer Involvement Group?

We meet online, once a month.
You do not have to attend every meeting, just the ones you can.



MORE INFO



Visit: www.nottinghamshirehealthcare.nhs.uk/iev-involvement-partner-opportunities



This website offers a fun, engaging and interactive way for children to learn about health. It links parents/carers and children to appropriate health and wellbeing services.

www.healthforkids.co.uk



Speech and Language



Do you have any questions or concerns about your child's talking or communication?

The Speech and Language Team are happy to help,

please call their advice line on:

0300 123 3387
OPTION 1



LOCAL HELP



Find your local library:

Visit: www.nottinghamshire.gov.uk/culture-leisure/libraries



Find your local Family Hub:

Call: 0300 500 80 80

Visit: www.nottinghamshire.gov.uk/care/family-hub-networks



BEST START

The early years of a child's life, from early pregnancy to age 5, is when their brain develops the most and they grow the quickest. Having the right start makes a big difference to a child's future.

The Nottinghamshire Best Start offer tells you about services and support available during this time. The offer is aimed at the whole family, whether you're a mum, dad, grandparent, or carer.

Visit: www.yournottsdirectory.org.uk/best-start-for-life/nottinghamshire-best-start-offer

