



Birklands Primary School

PE and Sports Premium 2025-2026: Executive Summary

This summary provides an overview of key priorities, main impacts, and sustainability strategies for the PE and Sports Premium funding for the academic year 2025-2026.

Key Priorities

- Increase engagement of all pupils in regular physical activity, focusing on SEND, girls, and disadvantaged pupils.
- Raise the profile of PE, School Sport and Physical Activity (PESSPA) across the school through assemblies, newsletters, and behaviour improvements.
- Enhance staff confidence and skills through CPD and team teaching with specialist coaches.
- Broaden the range of sports and activities offered, including yoga, dance, and circuits.
- Increase participation in competitive sports through local competitions and inter-school events.

Main Impacts

- Improved engagement among less active pupils and targeted groups.
- Raised profile of PE and sport, contributing to whole-school improvement.
- Staff demonstrate greater confidence and competence in delivering high-quality PE lessons.
- Pupils experience a wider variety of sports, increasing enjoyment and participation.

- Foundations laid for competitive sport participation in the coming year.

Sustainability Strategies

- Continue leadership training for pupils to maintain lunchtime activity initiatives.
- Maintain communication strategies (assemblies, newsletters) to keep PE high-profile.
- Ongoing CPD and mentoring for staff to ensure consistent delivery of PE.
- Preserve variety in sports offerings to sustain pupil interest and engagement.
- Build partnerships with local sports networks to support competitive opportunities.

How much (if any) do you intend to carry over from this total fund into 2025/26? 0

Total amount allocated for 2025/26: £18,590

Total amount of funding for 2025/26 (to be spent and reported on by 31st July 2026): £18,590

Swimming Data

Meeting national curriculum requirements for swimming and water safety.

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	88%
What percentage of your current Year 6 cohort use a range of strokes effectively?	95%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	83%

Have you used the premium for additional swimming provision beyond the national curriculum requirements? Yes/No	Yes (in 24/25)
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Action Plan

Academic Year: 2025/26

Date Updated: 09/12/2025

Key indicator 1: The engagement of all pupils in regular physical activity

Intent	Implementation	Impact	Sustainability/Next Steps
To increase regular physical activity among all pupils, with a specific focus on SEND pupils, girls, and those from disadvantaged backgrounds. To remove participation barriers and promote inclusive, enjoyable opportunities for movement throughout the school day.	Provide targeted small-group and 1-to-1 support sessions led by a specialist sports coach.	Increased participation rates among targeted groups.	Continue and expand Sports Leader training to support sustainable lunchtime provision.
	Run additional lunchtime activity clubs, using trained Sports Leaders to support delivery.	Improved attitudes towards physical activity, particularly among previously less-active pupils.	Embed targeted clubs into the long-term extracurricular timetable.
	Offer a broader selection of after-school physical activity clubs designed specifically to appeal to underrepresented groups (e.g., Girls' Active Club, SEND-friendly movement sessions).	Higher levels of physical activity across the school day leading to improved wellbeing, focus and behaviour.	Train support staff to deliver inclusive physical activity sessions, reducing reliance on external coaches.
	Introduce structured active play zones at		

	<p>lunchtime with equipment and adult facilitation.</p> <p>Track participation data to ensure target groups are regularly accessing activities.</p>		
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Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement

Intent	Implementation	Impact	Sustainability/Next Steps
To ensure that PE, School Sport and Physical Activity (PESSPA) are visible, valued and embedded into the school ethos, contributing to improvements in behaviour, wellbeing and engagement.	<p>Deliver regular assemblies celebrating sporting achievements, pupil leadership, and healthy lifestyles.</p> <p>Include a dedicated PESSPA section in newsletters and on the school website.</p> <p>Use PE and sport success to reinforce whole-school values (e.g., resilience, teamwork, determination).</p>	<p>Increased pupil motivation and recognition of the importance of healthy, active lifestyles.</p> <p>Enhanced sense of pride and community through celebration of physical activity.</p> <p>Noticeable improvements in behaviour and engagement due to increased activity and positive reinforcement.</p>	<p>Maintain communication strategies by embedding them into existing school systems.</p> <p>Continue celebrating pupil achievement to keep PESSPA highly visible.</p> <p>Develop staff confidence in leading assemblies and promoting PESSPA messaging.</p>

	<p>Introduce class-based physical activity challenges to promote a culture of regular movement.</p> <p>Display PE achievements and leadership roles prominently around the school.</p>		
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intent	Implementation	Impact	Sustainability/Next Steps
To develop staff expertise and confidence so that high-quality PE lessons can be delivered consistently across the school, ensuring progressive skill development for all pupils.	<p>Schedule regular CPD sessions focused on key areas such as inclusive PE, progression of skills, and effective assessment.</p> <p>Implement structured team-teaching opportunities with specialist coaches.</p> <p>Provide staff with planning support, resource packs and model lessons.</p>	<p>Staff report increased confidence in teaching PE.</p> <p>Improved quality and consistency in lesson delivery.</p> <p>Better pupil outcomes due to clearer skill progression and more effective teaching.</p>	<p>Continue mentoring programme to support staff in maintaining skills.</p> <p>Identify internal staff champions to share best practice.</p> <p>Develop a sustainable annual CPD cycle.</p>

	<p>Offer termly professional reflection meetings to identify ongoing areas for development.</p> <p>Keep a shared CPD log to monitor impact and staff needs.</p>		
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Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Intent	Implementation	Impact	Sustainability/Next Steps
<p>To expose pupils to a wide range of physical activities that encourage lifelong participation and enjoyment, promoting active, healthy lifestyles.</p>	<p>Introduce new activities such as yoga, dance, circuits, and non-traditional games.</p> <p>Work with external specialists to deliver workshops that broaden experiences.</p> <p>Expand after-school provision to include new clubs based on pupil voice.</p>	<p>Increased enjoyment and motivation among pupils.</p> <p>Greater overall participation due to a wider choice of activities.</p> <p>Pupils discover new interests, improving long-term engagement.</p>	<p>Maintain variety by rotating activities each year.</p> <p>Develop staff training so new sports can be led internally.</p> <p>Partner with local clubs to provide pathways for continued participation.</p>

	<p>Provide taster days and themed activity weeks to increase participation.</p> <p>Ensure inclusive and adapted versions of activities are available for SEND pupils.</p>		
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Key indicator 5: Increased participation in competitive sport

Intent	Implementation	Impact	Sustainability/Next Steps
To raise the number of pupils involved in competitive opportunities, supporting the development of resilience, teamwork and sportsmanship.	<p>Join local sports networks and access inter-school competitions.</p> <p>Organise termly in-house competitions and festivals.</p> <p>Provide targeted training sessions for pupils selected to represent the school.</p> <p>Introduce house competitions to increase</p>	<p>Increased confidence and teamwork skills among participants.</p> <p>Greater representation of a wider range of pupils in competitive sport.</p> <p>Improved school visibility within the local sporting community.</p>	<p>Build and maintain partnerships with local clubs, schools and competition organisers.</p> <p>Establish annual competition calendar.</p> <p>Train staff to run competitive events independently.</p>

	<p>whole-school engagement.</p> <p>Develop Sports Leaders to support officiating and team organisation.</p>		
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